

Alcoholics Anonymous - Always There

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IS DRINKING A
PROBLEM?



0800 AA WORKS
FROM ALCOHOLICS ANONYMOUS 343-0211

The first signs of alcoholism are the need for regular daily consumptions, always drinking larger quantities and the beginning of memory lapses. If you are suffering from any of these symptoms, then the bad news is that you are on the road to alcoholism.

The good news is that it is curable with just good old will power and that even the worst case have managed. Will power on your own isn't always so easy, so the second step is to join a self help group like Alcoholics Anonymous, which will help you along.

Alcoholics Anonymous is an organization consisting of people who currently are or have been Alcoholics. These people have the experience of knowing what life means as an alcoholic and how difficult it is to admit to it and eventually stop. The consequences of being an alcoholic could mean losing your job or even your partner, and these people will be able to guide you through all of these problems and show you the dry way out.

The other positive thing about Alcoholics Anonymous is that as its members have already been through what you are currently dealing with, nobody will look down on you, judge you or criticize you and they will give you strength. It really is the ideal venue for coming to terms with alcoholism and getting back on track.

Alcoholics Anonymous is a non profit making organization with no commercial interests whatsoever. No membership records are kept and should you not attend a meeting, no one will question you. You are in effect free to come and go as you wish.

A common fear among newcomers is that they will come face to face with a close friend, family member or someone from work and that the cat will be let out of the bag. This will never be the case as all members are suffering the same hardships and the common feeling of brotherhood will always protect you from anyone from outside the organization finding out about your condition.

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