

Alcoholism Is There A Way Out?

admin · Thursday, December 28th, 2006



Do you spend all your money just to buy a week long supply of wine rather than food?

How many more times do you feel rage because you've run out of wine in the cellar rather than the times you've run out of food in the refrigerator?

For any regular person who doesn't drink as much, these rages may not happen but for an alcoholic these are not peculiar situations.

Alcoholism is regarded as one of the most expensive illnesses in the United States alone in terms of both money and happiness.

Billions of dollars are spend every year because of excessive drinking; a cost carried by many agencies including social, philanthropic, religious and government agencies.

Alcoholics have disruptive behaviors and these are effects of their addiction, which do not only involve themselves but also their friends and relatives. **Alcoholism** often results in broken families and divorce, taxing welfare and relief payments.

Employers suffer the burden of having alcoholic employees who often lose time from their work not only because of impaired concentration, but more often because of their being accident hazards to both their work and the people around them.

Fatal traffic accidents, suicide and homicide can also be products of an **alcoholic's disruptive behavior**. A certain level of alcohol in the blood stream can affect a person's proper judgment and performance.

When a person consumes so much alcohol, he is no longer fit to drive and becomes accident prone and an imminent hazard to the rest of the pedestrian and commuting public.

After all the **hazards and pain** that comes along with alcoholism, we would wonder, is there really a complete rehabilitation for this type of illness? If you are a spouse, a child or a friend of an alcoholic, you will certainly desire it.

There is hope for a complete recovery for anyone who is **suffering from alcoholism**, although a cure in the sense of totally recovering the ability to drink socially is rather rare.

For many chronic alcoholics, the only way to keep the disease from coming back is complete abstinence. The treatment comprises both medical and psychiatric measures. Psychiatric hospitalization is

usually recommended for serious alcoholics.

This kind of treatment gives triple care therapy to patients and includes medical care, social rehabilitation and psychotherapy. A lot of agencies all over the United States are providing care and treatment facilities for alcoholics on the basis of voluntary admissions.

These include state owned psychiatric hospitals and industrial organizations with special clinics for the sole purpose of treating alcoholics.

All these clinics and hospitals can do little to help an alcoholic completely recover from his illness unless he is willing to be cured.

An alcoholic should recognize his need for help and should be willing enough with total conviction and complete motivation to overcome his addiction. No hospitals or clinics, however technically advanced, can cure an alcoholic who defies treatment and refuses to accept his addiction. One of the biggest problems of treating alcoholism is the fact that only very few of these alcoholics have the true motivation for a long-term cure.

Many of them deny the fact that they are alcoholics. More significantly they refuse to recognize their inability to deal with the stresses of everyday living.

Help your friend or loved one recover from alcoholism; he or she needs your love and support. Help him get motivated and regain his life.

Michael Russell: Your Independent guide to [Alcoholism](#)

Want to find more information on how to stop drinking then visit

<http://www.stopdrinkingadvice.org/>

This entry was posted on Thursday, December 28th, 2006 at 6:26 am and is filed under [Alcohol Abuse](#), [Alcoholism Articles](#), [Information And Help](#), [Your Stories](#)

You can follow any responses to this entry through the [Comments \(RSS\)](#) feed. You can leave a response, or [trackback](#) from your own site.