

Alcoholism Stories

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One of the hardest things about alcohol addiction is the sense of isolation and alienation.

That is why recovering addicts, whether alcohol or other drugs, want to speak out to those who may not have yet found the courage to stop.

Previously, the only way alcoholics had of talking to recovering alcoholics was to join groups such as Alcoholics Anonymous. Now we have the internet.



Websites such as www.amazon.com is filled with books with heartrending recovery stories. Also, www.alcoholism.about.com is filled with personal stories written directly by the recovering alcoholics on everything they have dealt with from admitting they are alcoholics to the day to day fight to stay sober. Another major site for amazing stories to help a person struggling with being sober is www.drugfree.org.

The important thing to remember while trying to stay sober is that **YOU ARE NOT ALONE!**

There are many others just like you and together, you can help each other.

All you have to do is go to your favorite search engine and type ?alcoholism stories? and you will find thousands to read through until you find something with which you can relate.

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