

Archive for the "Alcoholics Anonymous Online" category

Getting Information About Alcoholics Anonymous Online

admin · Saturday, December 26th, 2009

If you are interested in knowing more about Alcoholics Anonymous as an association or want to attend an AA meeting, visit the web site of [Alcoholics Anonymous Online](#). Like any other popular organization, Alcoholics Anonymous has made its presence online through its official web site [aa.org](#).

In this web site, any person can find a veritable treasure of information for different interested parties with details of AA meetings that will be held across the world including the venue, day and timings. If you are unsure if Alcoholics Anonymous can help you, there is a specific section dedicated for those who want to understand how AA can help them. There are also booklets for people who are gay, a certain race, people who are related to alcoholics detailing the people about AA meetings, their structure and purpose and how people can benefit from them. The web site also provides a detailed background history of how the concept of AA originated and their various traditions and other trivia. It helps you understand the advantages of attending an AA meeting and some of its limitations including things and matters that are outside the scope of AA.

There is also a section for members and groups with suggestions on how to improve AA meetings, details on the 12 Step program with download booklets, details on medications and drugs used for treatment for alcoholism and how to interact with members of local community forums and media for AA meetings and AA related information.

To encourage online interaction among members, there is a special site called AA Grapevine which is a mirror of a live meeting. The AA Grapevine is written, edited and even illustrated by AA members. The AA grapevine consists of stories and experiences of other members as an alcoholic, a recovering alcoholic and a sober person who was once an alcoholic. Unlike AA meetings that are restricted to a local neighborhood, the AA Grapevine bridges these geographical boundaries and reaches to recovering alcoholics all across the world.

It is also a good opportunity for people who are shy in crowds to express their concerns and solutions. It is also a great way of letting recovering alcoholics exercise their creativity or channelize their energy through a creative approach.

The Alcoholics Anonymous online web site has several download pamphlets and booklets on different topics relevant for alcoholics, people who are interested in attending these meetings, AA members, relatives and friends of alcoholics who are equally impacted and have to deal with and support alcoholics who are abstaining from alcohol. If you or any of your acquaintances are interested in attending an Alcoholics Anonymous meeting and need more information, aa.org is the one stop web site for all your queries and information.

If you are too shy to take this step, and wish to remain 100% anonymous then you would need the necessary support given to you in your very own home. So if you are reading this now and you want to find out more about the StopDrinkingAdvice.Org online alcoholics anonymous support program, you are virtually just one step away from managing to finally quit drinking alcohol on your own; and most important of all, from the comfort of your very own home.

[Click Here Now To Discover Alcoholics Anonymous Online & How To Stop Drinking Alcohol, Within 21 Days \(Or Less\) - Guaranteed \(Even If You've Tried Everything Else And Failed\)](#)

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Alcoholics Anonymous Online Video

admin · Friday, October 23rd, 2009

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Alcoholics Anonymous Online Support For Anyone Who Needs To Stop Drinking Alcohol With Urgency

admin · Friday, September 25th, 2009

Alcohol drinking is injurious to your physical and mental health. It may ruin your life, family and social relationships, and employment prospects. There are numerous ways to stop drinking alcohol with Alcoholics Anonymous Online.

The initial step that needs to be addressed is the real reasons why you feel the time has come to stop drinking. Quite a lot of the reasons will be general ones but the one you will really have to think about hard are the ones that concern you. This task will be made easier through the assistance of a close friend.

This most important list should always be kept handy for personal reference in order to keep your commitment on track. It might be a good idea to make photocopies of the list and have them visible in several key locations such as the fridge and the bathroom mirror and keep one in your wallet too.

If the condition is a serious one most alcoholics can give up drinking overnight, but the alternative option is to cut back gradually on quantity over a given period of time. The most functional method is to plan out a timed schedule for the daily reductions aiming towards the final step of zero alcohol consumption.

A great way to keep on track is to continually evaluate your progress over the first month until the new habit becomes a normal behavior pattern. There will be both up and down days so keep an account of these feelings. This account will help you keep strong and could also be boosted by sharing your feelings with other people and you will be able to get support from them too.

There is no reason to get down about your abilities and self confidence should this self- help program fail. Alcoholism is a very dangerous disease which delves down deep into biological system causing certain chemical changes.

This disease can lead to seriously damaging our body organs such as the liver, the pancreas, the heart, the kidney or the digestive system. These complications will require medical therapy which can overcome the addiction of alcohol. So don't hesitate in asking for medical assistance as this terrible habit really does need professional supervision.

You can be sure to find many things on the way which will impede eventual success, but not if you have the full support of Alcoholics Anonymous Online. Don't think twice about changing old friends for new ones or changing your route to work as long as you avoid any possible contact with alcohol. One really good change to get you on the right track is to substitute alcohol for healthy fruit juices and always have a piece of gum close at hand.

There are numerous de-addiction support groups such as AA and AVERT. AA or Alcoholics Anonymous has international presence. Its membership constitutes of old alcohol addicts who have successfully given up their addiction. They offer practical tips and suggestions based upon their own experience and expertise. They can help you with empathy and understanding, and would always have to come highly recommended by Alcoholics Anonymous Online

The great thing with these groups is that your identity will always remain anonymous. You can find similar Alcoholics Anonymous groups online in your town that will be more than willing to draw up a personalized plan that will suit you for cutting out alcohol from your life.

It will be very difficult to turn down old friend's invitations for a good night out, but you must be firm and polite in refusing the invite. Stay strong to your word and don't falter so early on in what will be a tough road to success. Become active by taking up sport or a new hobby and spend more time with your family and friends who support you. Diversion is the name of the game and you must always reward yourself for every objective you meet and every hurdle you get over.

[Click Here Now To Discover Alcoholics Anonymous Online & How To Stop Drinking Alcohol, Within 21 Days \(Or Less\) - Guaranteed \(Even If You've Tried Everything Else And Failed?\)](#)

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