



Is there a difference between alcoholism and alcohol abuse?

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Is there a difference between alcoholism and alcohol abuse? If so, what are the differences and is alcohol abuse a serious problem? Does alcohol abuse mean that a person needs to stop drinking?

There is a difference between alcoholism and alcohol abuse. When a person is **dealing with alcoholism** the craving factor is involved. There is a physical dependence on alcohol for the alcoholic and also a loss of control over the drinking itself.

