

Physical Violence in Alcoholics

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There are many studies from universities throughout the country trying to understand the correlation between alcoholism and domestic violence. Some researchers believe that the high number of domestic violence cases involving alcohol may be misleading. Is it a fact that so many domestic violence cases relating to alcohol abuse are caused by the addiction of alcohol, or could it be that the existence of the alcohol abuse is caused by the domestic violence?

Either or neither way, alcoholism has some connection to the violence that so many families deal with everyday. Families feel the fear of a child towards an intoxicated parent, the fear caused by a drunken spouse, and in some reported cases, the fear of the parents caused by an alcoholic child. Understanding that an alcoholism problem exists either within yourself or in a family member is the first step in preventing or stopping a violent situation from escalating. Alcohol does not allow for acceptable emotional control and does allow for a normal argument to quickly become violent.

If you have begun to notice significant changes in a person's emotional and physical behavior during stressful times, alcohol abuse may be a factor and should be taken seriously. There are many organizations, programs, and articles that can be found to help understand the toll both physical and alcohol abuse can have on a family.

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