

Stop Drinking Alcohol Or It Will Stop You

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People sometimes don't stop and consider exactly what they are doing when they are drinking alcohol.

First of all the alcohol will enter the esophagus and exit into the stomach, where it is then absorbed into the blood stream. It will then end up in the liver which has the job of breaking it up into different chemicals.

The subsequent functions of the liver will turn these chemicals into h₂o and co₂, which are then just excreted from our organism. This all sounds quite simple but this function bears a lot of strain on the liver to produce such changes.

The problems begin though when even more alcohol is consumed as the liver is not able to deal with it. The result being that the alcohol level in our blood will begin to rise.

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